Provider treatment plans are considered by insurers when deciding whether to fund a service. Treatment should be aimed at function with achievable and measurable goals. Intervention proposed should also reflect current research findings, be consistent with available clinical guidelines and encourage self management.

**QUICK GUIDE: COMPLETING PROVIDER TREATMENT PLAN – PHYSICAL**

1. **Initial/current subjective and objective assessment**
   Obtaining your client’s CTP claim number and the name of the insurance company.
   *Initial/current objective assessment*
   If you have previously completed a treatment plan for your client, these sections are to report on the “current” status (as your client’s initial status would have been reported on your initial plan).

2. **Initial/current objective assessment**
   Include specific range of motion, PBU readings and other relevant objective measures.

3. **Therapist’s provisional diagnosis**
   Your provisional diagnosis is based on your own assessment findings. Comment on relationship of the condition to the MVA.

4. **Functional limitations**
   Include main limitations of daily tasks and outcome measure results if appropriate.

5. **Treatment progress**
   Ensure that you comment on both subjective as well as objective measures of progress. Using outcome measures assists in objectively assessing whether a person is making measurable and durable progress. Examples of outcome measures can be found at www.maic.qld.gov.au.

6. **Future treatment goals**
   Include specific functional goals and timeframes. Include plans to refer on if your patient is not progressing as expected.

7. **Details of treatment proposed**
   Include concise details of manual techniques, tools to be used, exercises prescribed and functional education to be provided.

8. **Proposed treatment**
   Duration of a treatment plan during acute and sub-acute stages should be generally less than eight weeks. Beyond eight weeks or in complex cases it is appropriate to reassess progress and prepare a subsequent treatment plan.

**Related documents:**
- MAIC Guidelines for Compulsory Third Party (CTP) Rehabilitation Providers
- Road to Recovery rehabilitation following a motor vehicle accident
- Insurer Rehabilitation Decision Making Tool
- Rehabilitation Standards for CTP Insurers
- Outcome Measures for Physical Treatment Providers